



## Spring Branch Independent School District

### Advanced Academic Studies & Secondary Counseling

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Lynette Breedlove, Ph.D., Director

### SENG-Model Parent Support Group

- What:** Guided Discussion Group for Parents of Gifted & Talented Students (K-8)
- When:** Tuesday evenings, Sept. 20, 2011 to Dec. 6, 2011, 6:30 – 8:00 pm
- Where:** SBISD Administration Building, room 270 (955 Campbell Rd., Houston 77024)
- Facilitators:** Barbara Cofer, Advanced Academic Studies TOSA
- Cost:** \$25 (Book will be provided: *A Parent's Guide to Gifted Children*)

**Registration Deadline: Monday, September 19, 2011** (Register early; class size is limited)

Join other parents of elementary and middle school age children in discussing the challenges and rewards of parenting gifted children. Participate in a series of 10 evening meetings with SEN-G-Model Parent Group facilitators, based on a well respected book written by a team of psychologist specializing in gifted children. (Learn more about SEN-G & parent support groups at [www.sengifted.org](http://www.sengifted.org).)

#### Objectives:

- Establish an environment in which parents of gifted children can receive support, guidance, and professional advice through discussion with other parents and trained leaders.
- Develop parenting skills to nurture the self-concept and emotional development of gifted children and their families.

#### Session Topics:

1. Characteristics
2. Communication and Relationships
3. Motivation and Underachievement
4. Discipline and Self-Management
5. Intensity, Perfectionism, and Stress
6. Idealism, Unhappiness, and Depression
7. Acquaintances, Friends, and Peers
8. Relationships: Siblings & Only Children
9. Values, Traditions, and Uniqueness
10. Successful Parenting

#### From SEN-G-Model Parent Group participants:

- "The class and book have been a lifesaver! I can't say enough good about them and feel that every parent should have the opportunity to be in a gifted parent discussion group!"
- "I do not feel as alone now."
- "I came into this class a little nervous and wondering what I would learn, just like everyone else. I'm leaving it knowing that I have made some good friendships and have gained a lot of knowledge about myself, my child, and how he perceives the world."

#### To Register:

Return the attached registration form along with \$25 to Advanced Academic Studies, ATTN: Book Study, 901 Yorkchester, Houston, 77079. (Forms & money may be dropped off in person 8 am – 4:30 pm M – F). Please make checks payable to SBISD – AAS.

*Inspiring minds. Shaping lives.*

Duncan F. Klussmann, Ed.D., Superintendent of Schools

[www.springbranchisd.com](http://www.springbranchisd.com)

# SENG-Model Parent Support Group Guided Discussion Registration Form

Name: \_\_\_\_\_

Address: \_\_\_\_\_ Zip-Code: \_\_\_\_\_

Day Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Child's School: \_\_\_\_\_ Grade: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

**First Come, First Serve - Limited Spaces Available**

**Return this completed form & \$25 by Monday, September 19, 2011**

**Advanced Academic Studies  
ATTN: Book Study  
901 Yorkchester, Houston, 77079**

(Forms & money may be dropped off in person  
between 8 am and 4:30 pm, Monday through Friday).

Checks payable to **SBISD – AAS** Phone 713-251-1901