



Questions for Redirecting Behavior

1. What are you doing?
2. How is your behavior helping you?, me?, others?, the situation?
3. If what you're doing is not helping you, what are some things you could do, instead, that would help you?
4. Which of these things are you going to do?
5. When will you start?

Modify this five question format to fit your individual personality and needs and those of your students. *However*, all successful modifications **omit the “why” trap**. “Why” questions focus on excuses for behavior rather than on responsibility for behavior.



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Signature

Date