

Dear Parents,

Spring Branch I.S.D. is fortunate to have a Developmental Guidance Program where all children have the opportunity to enhance the skills necessary to help them become responsible, successful learners. Our counseling program is based on the Texas Guidance Curriculum. The Texas Guidance Curriculum is designed to help students acquire age-appropriate knowledge and skills within the following content areas:

- Self confidence development
- Motivation to achieve
- Decision making, goal setting, planning and problem solving skills
- Interpersonal effectiveness
- Communication skills
- Cross-cultural effectiveness
- Responsible behaviors

The focus of the counseling program is to help build a supportive and caring environment so that students will achieve academic and personal success. The counselor is available to help parents and teachers understand the normal developmental growth stages of children, as well as to work with students in classroom guidance lessons, small groups and individually. Students may self-refer or be referred by teachers, parents or other school personnel.

Full implementation of the guidance curriculum is achieved through a partnership between the counselor, other staff members and parents. This partnership helps to foster students' sense of empowerment and self determination. By addressing the intellectual and emotional needs of students, it is our hope that each child will have a rewarding school experience.

*In short, a counselor is not someone to lean on, but is someone to make leaning unnecessary.*

Sincerely,

Counselor