

Child's Name \_\_\_\_\_ Teacher \_\_\_\_\_

Dear Parents,

Spring Branch I.S.D. is fortunate to have a Developmental Guidance Program where all children have the opportunity to enhance the skills necessary to help them become responsible, successful learners. Our counseling program includes individual and group counseling sessions and classroom guidance lessons and sessions based on the Texas Guidance Curriculum. The Texas Guidance Curriculum is designed to help students acquire age-appropriate knowledge and skills within the following content areas:

- Self confidence development
- Motivation to achieve
- Responsible behaviors
- Decision making, goal setting, planning and problem solving skills
- Interpersonal effectiveness
- Communication skills
- Cross-cultural effectiveness

Your child is invited to participate in individual and/or small group discussions on topics that relate to his/her individual needs. Students are scheduled to meet periodically with the counselor. In coordination with the classroom teacher, every effort is made to schedule group and individual times so that students do not miss valuable instruction in the classroom.

If you would like for your child to participate in these services offered by the counselor, please sign the attached form and return it to me. Feel free to call if you have any questions. I am looking forward to working with your child.

Sincerely,

Counselor

## Permission for Group and Individual Counseling

Please complete the highlighted section of this form to indicate permission for your child to participate in the services offered by the school counselor.

Yes, I give my permission for my child, \_\_\_\_\_, to participate in the individual guidance sessions that are offered at \_\_\_\_\_ Elementary School.

\_\_\_\_\_  
Parent signature

\_\_\_\_\_  
Phone number

\_\_\_\_\_  
Date

Yes, I give my permission for my child, \_\_\_\_\_, to participate in the group guidance sessions that are offered at \_\_\_\_\_ Elementary School.

\_\_\_\_\_  
Parent signature

\_\_\_\_\_  
Phone number

\_\_\_\_\_  
Date