



Duncan Klussmann, E Ed, Superintendent of Schools

Parent Center

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During the past two years the Parent Center has shared contact information with all CIS and Parent Liaison personnel on campuses regarding:

- Nutrition
- Drug & Alcohol Abuse
- Domestic Violence & Sexual Abuse

We offered classes at the PC in the following areas:

- Nutrition
- Parenting classes/Family Wellness
- ESCAPE Program (this year) – Building Confident Families*
- Taking Assets Personally

In addition the Parent Center has serviced 59% of all Title I campuses with one or more of the following programs:

- Family Wellness with Dr. Rodriguez
- ESCAPE Program – Building Confident Families*
- Taking Assets Personally in Spanish
- Book studies on personal wellbeing or family issues

Results of a survey sent out to all CIS and Parent Liaison personnel, of which about 37% responded, indicates that:

- 85% of respondents offered some type of parenting class
- 62% " nutrition
- 23% " domestic violence
- 15% " sexual abuse
- 62% " building confident Families
- 69% " taking assets personally
- 69% have held or will hold a health fair
- 38% offered drug abuse
- 47% " gang awareness
- 38% " diabetes

* ***Building Confident Families*** teaches families healthy ways to cope with stress, manage anger and discipline children without resorting to punishment. Parents learn the positive results of treating family members with respect and solving problems without fighting. Parents can learn to listen and speak with their heart, as well as learn to enjoy peaceful conflict resolution and meaningful communication with their families.

Mildred Santamaria, Parent Center Coordinator