



District School Health Advisory Council
September 17, 2009 – 5:00 – 7:00 P.M.
Agenda

- Welcome – “Our Purpose” – (blue handout)
Jonathan Lack/Co Chair extended the welcome. Mr. Lack expressed his excitement about business leaders understanding the connection between healthy kids, education, community and businesses...reaffirming the direct connection between them all.

- The Women’s Fund (presentation) – 20 minutes
“What about Me” - Curriculum – Allison Triplitt
The council heard from Allison Triplett/The Women’s Fund presentation on “What About Me” curriculum. This curriculum consists of 12 sessions, 90 minutes each. Part I consist of five lessons – Building Resiliency and Part II focusing on leadership. This program is flexible to meet the needs of the campus. The target age group for this program is 11 to 15 years of age. *See attachment*
The D-SHAC has recommended accepting discussion on this program at the November meeting to give each member an opportunity to review the program in depth.

- ESCAPE Family Resource Center (presentation) – 20 minutes
“How to Talk to your Children about Sexuality”
Melinda Garcia, Director of Programs for ESCAPE presented this program. Each table received handouts of the curriculum to preview. Ms. Garcia elaborated on the three components: Child, Parent & Combination. Mildred Santamaria, Director of SBISD Parent Center, expressed that this program would be used for parents only at the Parent Center.
The D-SHAC recommended that this program not be recommended for use in SBISD due to incorrect grammar and out of date material. The council recommended that we search for a more appropriate curriculum to use with our parents.

- Legislative Action and Coordinated School Health/District Focus Subcommittee Break-out Session
 - Human Sexuality Instruction
 - Members read through EHAA (Legal) and discussed direction of Health in SBISD along with Human Sexuality

Instruction. Subcommittee recommends that SBISD continue to offer Health in all graduation programs as a required course. On the topic of Human Sexuality Instruction the members believe it is necessary to educate parents on the need for a new avenue/direction of teaching our students. Members suggested a Parent Night at each High School to feature Dr. Susan Tortolero/UTHSC research on "Teen Pregnancy...We can do more."

- CNS/Outside Foods
 - o Members read through Wellness Policy to become familiar with the perimeters of the policy.
- CNS – Developing a Local Allergen Policy
 - o Members read through and discussed sample policies from TASB Legal and Policy Services.
- Safety in Health Fitness – Student/Teacher Ratio
 - o Members discussed barriers of student/teacher ratio (i.e. master schedule, unit exchange, etc.). Notes from this subcommittee have been attached for review.

- o Recommendations –*see above*

Next Meeting Date: November 19, 5:00 – 7:00, ADMN Board Room

District SHAC minutes can be found at the following link:

<http://www.springbranchisd.com/igstruc/healthfitness/shac/shac.htm>

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