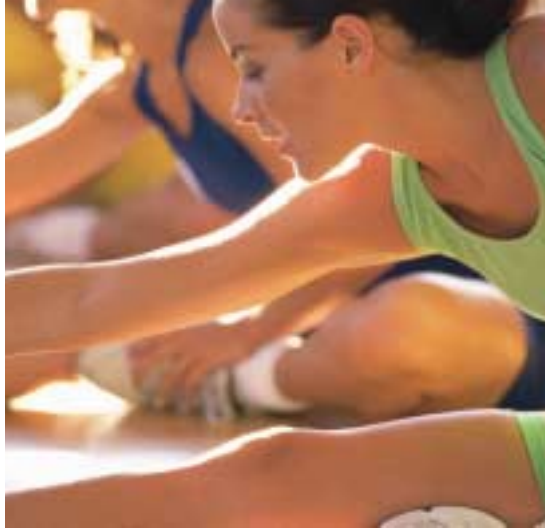


Fitness Program



Savings on Health Club Memberships, Exercise Equipment and More

Under the Fitness Program, Aetna members may access discounted rates from certain providers for products and services available to the general public. Products and services available under this program are not covered benefits under your plan but are in addition to plan benefits. As such, program features are not guaranteed under your plan contract and could be discontinued at any time. We do not endorse any vendor, product or service associated with this program. Program providers are solely responsible for the products and services you receive.

Regular exercise helps maintain your physical health and rejuvenate your mental well-being. So get ready ... and get set to start exercising — and saving — today. The Fitness Program from Aetna can help you get started.

With the Fitness Program, offered in conjunction with GlobalFit, you can:

- Access and receive discounts on membership rates within the GlobalFit™ network.
- Receive discounts on certain home exercise equipment.

Consider even more advantages of the Fitness Program!

- Find clubs close to where you live or work.
- Sample a club before joining, with a free guest pass.*
- Avoid the hassle of long-term contracts, with easy month-to-month membership.
- Convenient, monthly payment options (checking or savings account, or major credit card).
- Transfer, freeze or cancel your membership *conveniently*.
- Share the club membership savings with your family members who are covered dependents.
- Receive guest privileges at GlobalFit clubs for when you travel.

Two Easy Steps To Join

- 1. Find a club.**
Visit www.globalfit.com/fitness for an updated listing of clubs in your area. Or, call 1-800-298-7800 to speak to a GlobalFit representative who can answer questions about club hours, locations and amenities. They can also send you a club directory and other program materials to get you started.
- 2. Join a club.**
Simply enroll online at www.globalfit.com/fitness or call GlobalFit toll free at 1-800-298-7800.**

Take charge of your health, so you can look and feel your best. Reach for your fitness goals by participating in a regular fitness routine, with a little help from Aetna.

*Not available at all clubs.
**At some clubs, program participation may only be available to new club members.

If you need this material translated into another language, please call Member Services at 1-800-323-9930. Si usted necesita este documento en otro idioma, por favor llame a Servicios al Miembro al 1-800-323-9930.

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