# Middle School

BREAKFAST

Choice of Milk 1% White FF Chocolate Milk

## Monday

Pancake, Chicken Sausage & Eggs Platter
Assorted Cereal
100% Fruit Juice
Choice of Fruit
SYRUP DUNK CUP

### **Tuesday**

French Toast Sctiks w. Chicken Sausage
Poptarts (Strawberry or Cinnamon)
100% Fruit Juice
Choice of Fruit
SYRUP DUNK CUP

#### Wednesday

Waffle, Chicken Sausage & Tater Tots
Assorted Cereal
100% Fruit Juice
Choice of Fruit
SYRUP DUNK CUP

### Thursday

Glazed Donut w. chicken sausage Patty
Breakfast Parfait w. granola
100% Fruit Juice
Choice of Fruit

#### Friday

Sausage, potato & cheese Breakfast Taco
Assorted Cereal
100% Fruit Juice
Choice of Fruit

CONDIMENT: PICANTE SAUCE

Choice of Milk 1% White FF Chocolate Milk



**Beef Nachos** w. Queso & Rice Chicken Sandwich (regular/spicy) Yogurt Parfait w. granola Choice of Fruit Refried Beans & Steamed Corn

Chicken Alfredo Pasta w. breadstick Bosco Sticks Choice of Fruit Marinara Cup & Steamed Carrots & Cheesy Broccoli

Chicken Tenders & Waffle Sliced Pizza (pepperoni/cheese) Choice of Fruit Veggie Dipper w. ranch & Waffle Fries

Baked Chicken w. Roll Chicken Sandwich (regular/spicy) Crispy Chicken Salad Choice of Fruit Green Beans & Mashed **Potatoes** 

Frito Pie w. cornbread Sliced Pizza (pepperoni/cheese) Choice of Fruit Corn & Slush & Curly Fries

6

Fajita Chicken Nachos w. queso & rice Chicken Sandwich (regular/spicy) Yogurt Parfait w. granola Choice of Fruit Charro Beans & Steamed Corn

10

Chicken Alfredo Pasta w. breadstick **Bosco Sticks** Choice of Fruit Marinara Cup & Cheesy Broccoli & Sweet Potato Fries

Spicy Popcorn Chicken Sliced Pizza (pepperoni/cheese) Choice of Fruit Marinara sauce Celery Sticks w. ranch & Waffle Fries

12

Tangerine Chicken w. Fried Rice & Egg Roll Chicken Sandwich (regular/spicy) Crispy Chicken Salad Choice of Fruit Edamame Blend & Baby Carrots

13

Chicken Tenders Sliced Pizza (pepperoni/cheese) Choice of Fruit Corn & Slush & Wedge Fries

16

**Beef Nachos** w. Queso & Rice Chicken Sandwich (regular/spicy) Yogurt Parfait w. granola Choice of Fruit Refried Beans & Steamed Corn

23

Mandarin Chicken w. Fried Rice & Egg Rol **Bosco Sticks** Choice of Fruit Marinara Sauce & Steamed Corn

17

Chicken Alfredo Pasta w. breadstick **Bosco Sticks** Choice of Fruit Marinara Cup & Steamed Carrots & Cheesy Broccoli

18

Chicken Tenders & Waffle Sliced Pizza (pepperoni/cheese) Choice of Fruit Veggie Dipper w. ranch & Waffle Fries

19

Baked Chicken w. Roll Chicken Sandwich (regular/spicy) Crispy Chicken Salad Choice of Fruit Green Beans & Mashed **Potatoes** 

20

Frito Pie w. cornbread Sliced Pizza (pepperoni/cheese) Choice of Fruit Corn & Slush & Curly Fries

Choice of Fruit Sweet Potato Fries and/or cheesy Broccoli

Chicken Tenders w. Roll Hamburger/Cheeseburger Choice of Fruit Waffle Fries and/or Honey Baked Beans

Chicken Sandwich (regular/spicy) Choice of Fruit Baby Carrots and/or Paradise Punch Vegetable Juice