



# NHS

Choice of Milk  
1% White  
FF Chocolate Milk

## B R E A K F A S T

### Monday

*Pancake, Chicken Sausage & Eggs Platter*  
*Assorted Cereal*  
*100% Fruit Juice*  
*Choice of Fruit*  
SYRUP DUNK CUP

### Tuesday

*French Toast Sctiks w. Chicken Sausage*  
*Poptarts (strawberry or Cinnamon)*  
*100% Fruit Juice*  
*Choice of Fruit*  
SYRUP DUNK CUP

### Wednesday

*Waffle, Chicken Sausage & Tater Tots*  
*Assorted Cereal*  
*100% Fruit Juice*  
*Choice of Fruit*  
SYRUP DUNK CUP

### Thursday

*Glazed Donut w. chicken sausage Patty*  
*Breakfast Parfait w. granola*  
*100% Fruit Juice*  
*Choice of Fruit*

### Friday

*Sausage, potato & cheese Breakfast Taco*  
*Assorted Cereal*  
*100% Fruit Juice*  
*Choice of Fruit*

CONDIMENT: PICANTE SAUCE



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## MAIN LINE

### S U P E R W E E K

**2**

Chili Cheese  
Foot Long  
Choice of Fruit  
Baby Carrots  
& Curly Fries

RANCH DUNK CUP

**3**

Beef Nachos  
w. queso & rice  
Choice of Fruit  
Refried Beans & Salsa  
& Steamed Corn

**4**

Chicken & Waffle  
Choice of Fruit  
Broccoli Dippers &  
Seasoned Waffle Fries

KETCHUP-RANCH CUP-  
SYRUP

**5**

Baked Chicken w. Roll  
Choice of Fruit  
Green Beans & Mashed  
Potatoes & Baby Carrots

KETCHUP-GRAVY

**6**

Frito Pie  
w. Cornbread  
Choice of Fruit  
Vegetable Juice  
& Steamed Corn

**9**

Fajita Chicken  
Nachos w. rice  
Choice of Fruit  
Baby Carrots  
& Steamed Corn

RANCH DUNK CUP

**10**

Beef Lasagna  
w. breadstick  
Choice of Fruit  
Carrots & Celery Mix  
& Cheesy Broccoli

RANCH DUNK CUP

**11**

Chicken Tenders  
w. Wheat Roll  
Choice of Fruit  
Green Beans & Mashed  
Potatoes

KETCHUP - GRAVY

**12**

Tangerine Chicken  
w. Fried Rice  
Choice of Fruit  
Steamed Carrots  
& Vegetable Egg Roll  
& Slush

**13**

Beef Tamales  
w. Queso & Rice  
Choice of Fruit  
Refried Beans  
& Steamed Corn

**16**

Chili Cheese  
Foot Long  
Choice of Fruit  
Baby Carrots  
& Curly Fries

RANCH DUNK CUP

**17**

Beef Nachos  
w. queso & rice  
Choice of Fruit  
Refried Beans & Salsa  
& Steamed Corn

**18**

Chicken & Waffle  
Choice of Fruit  
Broccoli Dippers &  
Seasoned Waffle Fries

KETCHUP-RANCH CUP-  
SYRUP

**19**

Baked Chicken w. Roll  
Choice of Fruit  
Green Beans & Mashed  
Potatoes & Baby Carrots

KETCHUP-GRAVY

**20**

Frito Pie  
w. Cornbread  
Choice of Fruit  
Vegetable Juice  
& Steamed Corn

**23**

Chicken Tenders  
w. Texas Toast  
Choice of Fruit  
Honey Baked Beans  
& Steamed Corn

RANCH DUNK CUP

### E a r l y D i s m i s s a l

**24**

Bosco Sticks  
w. Marinara  
Choice of Fruit  
Baby Carrots  
& Cheesy Broccoli

RANCH DUNK CUP

**25**

Hamburger  
Cheeseburger  
Choice of Fruit  
Waffle Fries

KETCHUP - GRAVY

**26**

Chicken Sandwich  
(regular/spicy)  
Choice of Fruit  
Baby Carrots &  
Vegetable Juice

**27**

**YES PREP ONLY**  
Grilled Cheese  
Sandwich w. Doritos  
Choice of Fruit  
Vegetable Juice  
& Steamed Corn

# NHS

## PIZZA LINE

### Monday

Sliced Pizza (Cheese or Pepperoni)  
Crispy Chicken Salad  
Choice of Fruit  
Fritos w. Bean Dip  
Baby Carrots & Vegetable Juice

**RANCH DUNK CUP**

### Tuesday

Boneless Wings  
Baked Potato w. cheese  
Choice of Fruit  
Soft Pretzel  
Carrots & Celery Mix & Tater Tots

**RANCH DUNK CUP**

### Wednesday

French Bread  
Baked Potato w. cheese  
Crispy Chicken Salad  
Choice of Fruit  
Garlic Breadstick  
Broccoli Dippers & Steamed Corn

**MARINARA-RANCH DUNK CUP**



Menu is subject to change based on availability  
**NOT AVAILABLE ON EARLY DISMISSAL DAYS**

### Thursday

Boneless Wings  
Baked Potato w. cheese  
Choice of Fruit  
Soft Pretzel  
Carrots & Celery Mixture & Tater Tots

**RANCH DUNK CUP**

### Friday

Sliced Pizza (Cheese or Pepperoni)  
Crispy Chicken Salad  
Choice of Fruit  
Fritos w. Bean Dip  
Baby Carrots & Vegetable Juice

**RANCH DUNK CUP**

Choice of Milk  
1% White  
FF Chocolate Milk



# NHS

## SNACK LINE

### Monday

*Chicken Sandwich (Regular/Spicy)*

*Choice of Fruit*

*Baby Carrots & Curly Fries & Vegetable Juice*

**RANCH-MAYO-KETCHUP-MUSTARD**

### Tuesday

*Bosco Sticks w. breadstick*

*Choice of Fruit*

*Cheese Broccoli & Tater Tots*

**KETCHUP-MARINARA**

### Wednesday

*Chicken Sandwich (Regular/Spicy)*

*Choice of Fruit*

*Fritos w. Bean Dip*

*Corn & Waffle Fries*

**RANCH-MAYO-KETCHUP-MUSTARD**



*Menu is subject to change based on availability*

**NOT AVAILABLE ON EARLY DISMISSAL DAYS**

### Thursday

*Chicken Tenders*

*Choice of Fruit*

*Soft Pretzel w. Queso*

*Baby Carrots & Tater Tots*

**BBQ DIPPING CUP-RANCH DUNK CUP-  
KETCHUP-MAYO-MUSTARD**

### Friday

*Chicken Sandwich (Regular/Spicy)*

*Choice of Fruit*

*Fritos w. Bean Dip*

*Curly Fries & Vegetable Juice*

**RANCH-MAYO-KETCHUP-MUSTARD**



**Choice of Milk**

**1% White**

**FF Chocolate Milk**