

Westchester SBEC
Back To School Menu

BREAKFAST					
	Monday	Tuesday	Wednesday	Thursday	Friday
Entrée	Mini Sausage Pancake Bites or Turkey Sausage & Cheese Taquito	Breakfast Pizza or Whole Grain Cinnamon Roll w. Sausage Link	French Toast Sticks w. Sausage Link or Kolache with Cheese	Bacon Egg & Cheese Taco or Chicken Biscuit	Breakfast Platter or Whole Grain Donuts
Fruit & Juice	Fresh Orange or Apple Apple or Orange Juice	Fresh Orange or Apple Apple or Orange Juice	Fresh Orange or Apple Apple or Orange Juice	Apple or Peach Slics Apple or Orange Juice	Fresh Orange or Apple Apple or Orange Juice
Offered Daily	CEREAL: Cocoa Puffs, Lucky Charms & Cinnamon Toast Crunch Pop Tarts (cinnamon or strawberry)	CEREAL: Cocoa Puffs, Lucky Charms & Cinnamon Toast Crunch Yogurt & Granola Parfait	CEREAL: Cocoa Puffs, Lucky Charms & Cinnamon Toast Crunch Pop Tarts (cinnamon or strawberry)	CEREAL: Cocoa Puffs, Lucky Charms & Cinnamon Toast Crunch Yogurt & Granola Parfait	CEREAL: Cocoa Puffs, Lucky Charms & Cinnamon Toast Crunch Pop Tarts (cinnamon or strawberry)
Milk	While Milk (1%) or Chocolate (non-fat)	While Milk (1%) or Chocolate (non-fat)	While Milk (1%) or Chocolate (non-fat)	While Milk (1%) or Chocolate (non-fat)	While Milk (1%) or Chocolate (non-fat)

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				15-Aug	16-Aug
Entrée				Crispitos w. Cheese Sauce	Chicken Fried Steak w. Texas Toast & Gravy
Daily Options				Hamburger or Cheeseburger or Spicy or Regular Chicken Sandwich or Baked Potato w. Breadstick or Popcorn Chicken Salad w. Pretzels or Pizza: Cheese or Pepperoni	Hamburger or Cheeseburger or Spicy or Regular Chicken Sandwich or Baked Potato w. Breadstick or Yogurt Parfait with Granola or Boneless Wings w. Texas Toast
Fruit				Mixed Fruit or Oranges	Fresh Apple or Peach Cup
Veg				Baked Beans and/or Steamed Corn	Baby Carrots w. Ranch and/or Tater Tots
Milk				White (1% or Non-fat) or Chocolate (Non-fat)	White (1% or Non-fat) or Chocolate (Non-fat)

	19-Aug	20-Aug	21-Aug	22-Aug	23-Aug
Entrée	Fiestada Pizza	Beef Nachos w. Rice	General Tso Chicken w. Brown Rice & Eggroll	Cheesy French Bread	Chili Cheese Hotdog
Daily Options	Chicken Tender Basket (Chicken Tenders, TX Toast & Gravy) or Hamburger or Cheeseburger or Spicy or Regular Chicken Sandwich or Baked Potato w. Breadstick or Yogurt Parfait with Granola	Hamburger or Cheeseburger or Spicy or Regular Chicken Sandwich or Baked Potato w. Breadstick or Crispy Chicken Salad w. Pretzels or Pizza: Pepperoni or Cheese Pizza	Popcorn Chicken Basket (Chicken, Ranch & Breadstick) or Hamburger or Cheeseburger or Spicy or Regular Chicken Sandwich or Baked Potato w. Breadstick or Yogurt Parfait with Granola	Hamburger or Cheeseburger or Spicy or Regular Chicken Sandwich or Baked Potato w. Breadstick or Popcorn Chicken Salad w. Pretzel or Pizza: Pepperoni or Cheese Pizza	Boneless Chicken Basket (Ranch & Texas Toast) or Hamburger or Cheeseburger or Spicy or Regular Chicken Sandwich or Baked Potato w. Breadstick or Yogurt Parfait with Granola
Fruit	Fresh Apple or Mandarin Oranges	Pineapple Tidbits or Sliced Peaches	Apple or Grapes	Mixed Fruit or Orange	Fresh Apple or Peach Cup
Veg	Baby Carrots w. Ranch and/or Curly Fries	Charro Beans and/or Corn	Roasted Broccoli and/or Sweet Potato Waffle Fries	Steamed Green Beans and/or Tossed Side Salad	Celery Sticks and/or Tater Tots
Milk	White (1% or Non-fat) or Chocolate (Non-fat)	White (1% or Non-fat) or Chocolate (Non-fat)	White (1% or Non-fat) or Chocolate (Non-fat)	White (1% or Non-fat) or Chocolate (Non-fat)	White (1% or Non-fat) or Chocolate (Non-fat)