

Spring Branch Independent School District  
**Football Helmet Information Sheet**

**1. Warning Label**

Your helmet should have a warning label in it. Whether the label has been removed or covered up, you should be aware of it and what it says.

**Warning**

Do not use this helmet to butt, ram, or spear an opposing player. This is in violation of the football rules. Such use can result in severe head or neck injury, paralysis, or death to you, as well as possible injury to your opponent. No helmet can prevent all head or neck injuries a player might receive while participating in football.

**2. N.O.C.S.A.E. Standards**

All helmets must have a N.O.C.S.A.E. sticker inside or stamped on the back of helmet.

**3. Shell**

- a. No visible cracks in shell.
- b. Fixtures or velcro to hold protective parts are intact and functional.
- c. All chin strap snap fixtures are in place and functional.

**4. Mask**

- a. Not bent out of shape.
- b. No excessive metal showing
- c. Properly installed with correct hardware and hangers. No bolts, screws, nuts used other than type designed for this purpose.

**5. Protective Parts**

- a. No signs of cracks, deterioration, or compressed out of original shape.
- b. No alterations from original design.
- c. All securely fastened to shell with fixtures designed for this purpose.

**6. Air Liners**

Will hold air and is properly installed and inflated.

**7. Alterations**

- a. Only original manufactured parts are used when replacements are needed.
- b. No alterations from original manufacturers design permitted.

**8. Jaw Pads**

- a. Should have proper thickness to hold helmet firm against face.
- b. Snaps are intact and hold the pads securely.

**9. Chin Straps**

- a. Should be properly adjusted to give a firm pressure on the chin.
- b. All snaps in place and each snapped properly.

**10. Paint and Touch Up**

- a. No helmet shall be painted or touched up with any paint other than recommended by the manufacturer.
- b. No spray can substance, paint, polish, clear lacquer, or cleaner should be used on helmet unless approved by the manufacturer.

**Warning**

*Paints, lacquers, or cleaners other than those approved by the manufacture may damage the helmet shell, causing it to crack or shatter on contact.*

I have reviewed the above inspection list with my coach and have discussed it with my parents. I thoroughly understand each item and my responsibility to inspect my helmet prior to each use.

---

Player Signature

---

Date

I realize the player should be the person most concerned about the safety and proper maintenance of his football helmet. I give my consent for this player to assume the responsibility of inspecting his helmet prior to each usage, and to use the ten inspection steps listed above as a general guideline.

---

Parent/Guardian Signature

---

Date