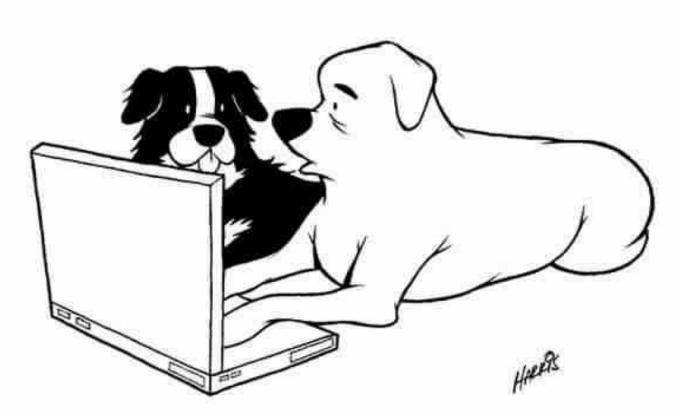
Study Skills and College Planning for Middle Schoolers



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"And then I just hit delete. I haven't actually eaten any homework for years."



Developing strong study skills is the number one way to plan for college.

Today we will discuss the most common and effective study skills for school success.

We will also look at actions you can take today to begin the process of college planning.





7 Study Skills for the College Bound Student





- ✓ Understand Your Learning Style
- ✓ Reading Comprehension
- ✓ Math Fundamentals
- ✓ Organization
- ✓ Note Taking
- ✓ Memorization
- ✓ Test Taking

Understand your learning style

How You Learn Best

- ✓ Visual (spatial) Learner. Visual learners are those who prefer learning by observing things.
- ✓ Aural (auditory) Learner
- ✓ Verbal (linguistic) Learner
- ✓ Physical (kinesthetic) Learner
- ✓ Logical (mathematical) Learner
- ✓ Social (interpersonal) Learner
- ✓ Solitary (intrapersonal) Learner

http://www.educationplanner.org/stude nts/self-assessments/learning-stylesquiz.shtml





Reading Comprehension

Strong reading comprehension is critical.

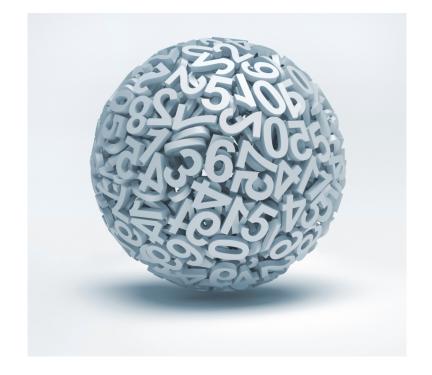
- ✓ Reading to Understand
- ✓ Paraphrasing
- ✓ Identifying Signals in a Reading Selection
- ✓ Learning New Vocabulary
- ✓ SQ3R



Survey Question Read Recite Review



Your math foundation needs to be solid!



whole numbers, counting, place value, rounding, exponents, negative numbers, addition, subtraction, multiplication, division, fractions, operations with fractions, decimals, percents, ratios, problem solving, basic concepts in geometry, measuring shapes, etc.

In addition to strengthening math facts, talk to your school's counselor and make sure you are taking the right level math for the college bound student.

Taking prealgebra and algebra in middle school is advantageous



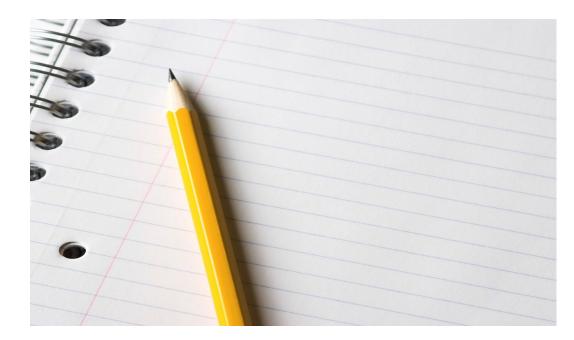
Organization



- ✓ Organize your School Supplies
- ✓ Organize your Study Area
- ✓ Organize your Time
- ✓ Organize your Assignments
- ✓ Organize your Grades
- ✓ Organize your Long-Term Research Projects
- ✓ Prioritize Your Work



Note Taking



- ✓ Simple Outlining
- ✓ Mind Mapping
- ✓ Combo Notes
- ✓ Using Abbreviations for Speed Writing
- ✓ Using Recall Questions to Turn Your Notes into Super Study Sheets
- ✓ Improving Your Listening Power
- ✓ Taking Notes from Lectures
- ✓ Adding Textbook Notes to Lecture Notes



Memorization

Remembering Requires Understanding and Planning



Techniques	Auditory	Visual	Kinesthetic
Acrostics	Х	Х	Х
Acronyms	Х	Х	Х
Visual Emphasis		Х	Х
Visualization		Х	
Association	Х	Х	
Work Linking	Х	Х	Х
Story Linking	Х	Х	Х
Rehearsal	Х	Х	Х
Charting		Х	Х



Test Taking

Read Directions Carefully



Objective Tests Matching Tests True-False Tests Fill-In Tests Multiple Choice Tests Subjective Tests Essay Tests

Make old tests work for you.



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Liberal arts: Academic studies of subjects in the <u>humanities</u>, social sciences and the sciences, with a focus on general knowledge, in contrast to a professional or technical emphasis. "Liberal arts" is often used interchangeably with "liberal arts and sciences" or "arts and sciences."

https://www.usnews.com/education/bestcolleges/articles/2011/08/15/us-highereducation-glossary

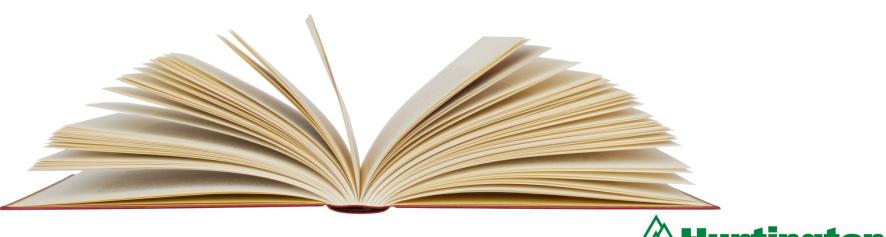




Spend time getting to know yourself.

- ✓ What are your strengths and weaknesses?
- ✓ Where do you shine?
- ✓ What do you enjoy doing?
- ✓ Do you know what you want to do for a career?





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Join up.

- ✓ Sports teams
- ✓ Coding classes
- ✓ Dance classes
- Playing a musical instrument in a band or orchestra
- ✓ Singing in a choir
- ✓ Theater groups
- ✓ Foreign language clubs
- ✓ Online courses in subjects such as robotics
- Ongoing volunteer activities for a charitable cause
- ✓ Chess club
- ✓ Debate club
- ✓ Improv comedy classes
- ✓ Art classes
- ✓ Photography club
- 15 ✓ LEGO leagues

To help you learn more about yourself, join a group. It could be through the school or in the community.

Involvement in groups helps develop collaborative skills (working in a group) as well as leadership.







References

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Tom Burns and Sandra Sinfield (2012) Essential Study Skills 3rd Edition

American Guidance Service Inc. (2009) **Test-Taking Tips & Strategies** Secondary





For Study Skills, Reading, Writing and Math help call: *John or Cindi* at

713-933-2655

