



# Breakfast Menu — Spring Woods High School — School Year 2018 - 2019



Monday	Tuesday	Wednesday	Thursday	Friday
<b>Tornado OR Pancake Bites OR Hash-brown OR Strawberry PopTart OR Cinnamon PopTart OR Cereal* w/cinnamon bread</b>  Fresh Apple OR Fresh Orange OR Fruit Juice  Milk  Extra: Syrup	<b>Cinnamon Roll w/Sausage OR Breakfast Pizza OR Yogurt Parfait</b>  Fresh Apple OR Fresh Orange OR Mandarin Oranges OR Fruit Juice  Milk	<b>French Toast Sticks w/Sausage OR Kolache OR</b> Tater Tots OR Strawberry PopTart OR Cinnamon PopTart OR Cereal* w/cinnamon bread  Fresh Apple OR Fresh Orange OR Pineapple Tidbits OR Fruit Juice  Milk  Extra: Syrup	<b>Chicken Biscuit OR Breakfast Burrito OR Yogurt Parfait</b>  Fresh Apple OR Fresh Orange OR Diced Pears OR Fruit Juice  Milk	<b>Breakfast Platter OR Chocolate Donut OR Powdered Donut OR Strawberry PopTart OR Cinnamon PopTart OR Cereal* w/cinnamon bread</b>  Fresh Apple OR Fresh Orange OR Mixed Fruit OR Fruit Juice  Milk  Extra: Syrup

\*Cereal Options: Apple Jacks, Froot Loops, Trix, Fruity Cheerios, Cheerios, Frosted Mini Wheat, Honey Nut Cheerios, Golden Grahams, Cinnamon Toast Crunch, Raisin Bran and Frosted Flakes

## Special Announcements

### Breakfast Prices

Full Price \$0.75  
Reduced Price \$0.30

Choice of Milk:  
1% White Milk  
Nonfat Chocolate Milk

1/1 - 1/4 Holiday Students and Staff  
1/7 Holiday Students  
1/21 Holiday Students and Staff  
2/18 Holiday Students  
3/11 - 3/15 Holiday Students and Staff  
4/19 Holiday Students and Staff  
5/24 School Years Ends - Students

January 2019						
Sun	Mo	Tue	We	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

February 2019						
Sun	Mo	Tue	We	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28		

March 2019						
Sun	Mo	Tue	We	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

April 2019						
Sun	Mo	Tue	We	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

May 2019						
Sun	Mo	Tue	We	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

# January 2019

Sun	Mon	Tue	We	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
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20	21	22	23	24	25	26
27	28	29	30	31		

# February 2019

Sun	Mon	Tue	We	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
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17	18	19	20	21	22	23
24	25	26	27	28		

# March 2019

Sun	Mon	Tue	We	Thu	Fri	Sat
					1	2
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17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

# April 2019

Sun	Mon	Tue	We	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

# May 2019

Sun	Mon	Tue	We	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	



# Spring Woods HS Lunch Menu — School Year 2018 - 2019



**Lunch Prices:** Full Price \$2.25 - Reduced Price \$0.40

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN LINE</b>	<b>Steak Fingers OR Crisпитos</b> Green Beans and Curly Fries Mandarin Oranges OR Grapes OR Pear Milk <i>*Extra: Texas Toast</i>	<b>Chicken Fried Steak OR Oven Baked Chicken</b> Parmesan Broccoli and Mashed Potatoes Roll Sliced Peaches OR Strawberry Cup OR Orange Milk <i>*Extra: Peppered Gravy</i>	<b>Mini Corndogs OR Chili Cheese Foot Long</b> Steamed Carrots and Tater Tots Mixed Fruit OR Diced Pears OR Apple Milk <i>*Extra: Onion Rings</i>	<b>BYO Nachos (Chicken or Beef)</b> Refried Beans and Corn Spanish Rice Pineapple Tidbits OR Grapefruit OR Peach Cup Milk	<b>BYO Pasta OR Fiesta Pizza</b> Roasted Cali Blend and Tossed Salad Garlic Breadstick Watermelon OR Banana OR Rips Milk
<b>GRAB and GO LINE</b>	<b>Popcorn Chicken Salad w/Pretzel OR Yogurt Parfait w/Granola</b> Baby Carrots & Celery Sticks w/Ranch CHOICE OF FRUIT Milk	<b>Turkey Sub w/Chips Or Ham Sub w/Chips OR Yogurt Parfait w/Granola</b> Tomato & Lettuce side Salad and Bean & Corn Salad CHOICE OF FRUIT Milk	<b>Popcorn Chicken Salad w/Pretzel OR Yogurt Parfait w/Granola</b> Broccoli Or Celery Stick w/Ranch CHOICE OF FRUIT Milk	<b>Turkey Sub w/Chips Or Ham Sub w/Chips OR Yogurt Parfait w/Granola</b> Tomato & Lettuce side Salad and Bean & Corn Salad CHOICE OF FRUIT Milk	<b>Popcorn Chicken Salad w/Pretzel OR Yogurt Parfait w/Granola</b> Baby Carrot Or Celery Stick w/Ranch CHOICE OF FRUIT Milk
<b>BUILD A LINE</b>	<b>Chicken and Cheese Wrap</b> Baby Carrots Or Celery Sticks w/Ranch CHOICE OF FRUIT Milk	<b>Chicken Burrito Bowl OR Turkey Sub w/Chips Or Ham Sub w/Chips</b> Tomato & Lettuce side Salad and Bean & Corn Salad CHOICE OF FRUIT Milk	<b>Chicken and Cheese Wrap</b> Broccoli Or Celery Sticks w/Ranch CHOICE OF FRUIT Milk	<b>Chicken Burrito Bowl OR Turkey Sub w/Chips Or Ham Sub w/Chips</b> Tomato & Lettuce side Salad and Bean & Corn Salad CHOICE OF FRUIT Milk	<b>Chicken and Cheese Wrap</b> Baby Carrots Or Celery Sticks w/Ranch CHOICE OF FRUIT Milk
<b>SNACK BAR LINE</b>	<b>Cheese Or Pepperoni Pizza OR Cheeseburger Or Hamburger Or Black Bean Burger OR Chicken Sandwich Or Spicy Chicken Sandwich</b> Baby Carrots w/Ranch and Curly Fries Apple OR Banana OR Orange Milk	<b>Bosco Stick OR Corndog OR Cheeseburger Or Hamburger Or Black Bean Burger</b> Bean & Corn Salad and Sweet Potato Waffle Marinara Dipping Sauce Apple OR Banana OR Orange Milk	<b>Cheese Or Pepperoni Pizza OR Cheeseburger Or Hamburger Or Black Bean Burger OR Chicken Sandwich Or Spicy Chicken Sandwich</b> Broccoli w/Ranch and Tater Tots Apple OR Banana OR Orange Milk	<b>Bosco Stick OR Corndog OR Cheeseburger Or Hamburger Or Black Bean Burger</b> Bean & Corn Salad and Sweet Potato Waffle Marinara Dipping Sauce Apple OR Banana OR Orange Milk	<b>Cheese Or Pepperoni Pizza OR Cheeseburger Or Hamburger Or Black Bean Burger OR Chicken Sandwich Or Spicy Chicken Sandwich</b> Celery Sticks w/Ranch and Seasoned Fries Apple OR Banana OR Orange Milk

1/1 - 1/7 Holiday Students and Staff;; 1/21 Holiday Students and Staff; 2/18 Holiday Students only; 3/11 - 3/15 Holiday Students and Staff; 4/19 Holiday Students and Staff; 5/24 School Year Ends - Students

MENUS ARE SUBJECT TO CHANGE

Spring Branch ISD is an equal opportunity provider