



SWHS

Choice of Milk
1% White
FF Chocolate Milk

BREAKFAST

Monday

Pancake, Chicken Sausage & Eggs Platter
Assorted Cereal
100% Fruit Juice
Choice of Fruit
SYRUP DUNK CUP

Tuesday

French Toast Sctiks w. Chicken Sausage
Poptarts (Strawberry or Cinnamon)
100% Fruit Juice
Choice of Fruit
SYRUP DUNK CUP

Wednesday

Waffle, Chicken Sausage & Tater Tots
Assorted Cereal
100% Fruit Juice
Choice of Fruit
SYRUP DUNK CUP

Thursday

Glazed Donut w. chicken sausage Patty
Breakfast Parfait w. granola
100% Fruit Juice
Choice of Fruit

Friday

sausage, potato & cheese Breakfast Taco
Assorted Cereal
100% Fruit Juice
Choice of Fruit

CONDIMENT: PICANTE SAUCE

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MAIN LINE

2

Beef Tamales
w. Queso & Rice
Turkey Sub Express
Choice of Fruit
Baby Carrots
& Refried Beans

3

Beef Lasagna
Yogurt Parfait
Choice of Fruit
Green Beans
& Vegetable Juice

4

Country Beef Patty
Crispy Chicken Salad
Choice of Fruit
Steamed Corn
& Mashed Potatoes

5

Tangerine Chicken
w. Fried Rice & Egg Roll
Turkey Sub Express
Choice of Fruit
Steamed Carrots
& Broccoli Florets

6

Chicken Tenders
Crispy Chicken
Salad
Choice of Fruit
Baby Carrots
& Curly Fries

9

Chicken Alfredo Pasta
Turkey Sub Express
Choice of Fruit
Baby Carrots
& Steamed Corn

10

Beef Nachos
w. Queso & Rice
Yogurt Parfait
Choice of Fruit
Celery Sticks &
Refried Beans & Salsa

11

Chicken Tenders
& Waffle
Crispy Chicken Salad
Choice of Fruit
Sliced Cucumbers
& Tater Tots

12

Baked Chicken w. Roll
Turkey Sub Express
Choice of Fruit
Broccoli Florets
& Mashed Potatoes

13

Frito Pie
w. Cornbread
Crispy Chicken Salad
Choice of Fruit
Baby Carrots
& Curly Fries

16

Beef Tamales
w. Queso & Rice
Turkey Sub Express
Choice of Fruit
Baby Carrots
& Refried Beans

17

Beef Lasagna
Yogurt Parfait
Choice of Fruit
Green Beans
& Vegetable Juice

18

Country Beef Patty
Crispy Chicken Salad
Choice of Fruit
Steamed Corn
& Mashed Potatoes

19

Tangerine Chicken
w. Fried Rice & Egg Roll
Turkey Sub Express
Choice of Fruit
Steamed Carrots
& Broccoli Florets

20

Chicken Tenders
Crispy Chicken
Salad
Choice of Fruit
Baby Carrots
& Curly Fries

23

Chicken Alfredo Pasta
Turkey Sub Express
Choice of Fruit
Baby Carrots
& Steamed Corn

Early Dismissal

24

Bosco Sticks
w. Marinara
Choice of Fruit
Baby Carrots
& Cheesy Broccoli

25

Hamburger
Cheeseburger
Choice of Fruit
Waffle Fries

26

Chicken Sandwich
(regular/spicy)
Choice of Fruit
Baby Carrots &
Vegetable Juice

SWHS

SNACK LINE

Monday

Chicken Sandwich (Regular/Spicy)
Personal Pizza (Cheese or Pepperoni)
Choice of Fruit
Steamed Corn & Sweet Potato Fries
RANCH-MAYO-KETCHUP-MUSTARD

Tuesday

Spicy Popcorn Chicken w. Wheat Roll
Bosco Sticks w. Wheat Roll
Choice of Fruit
Marinara Cup & Wedge Fries
& Vegetable Juice
KETCHUP-RANCH DUNK CUP

Wednesday

French Bread w. Onion Rings
Hamburger/Cheeseburger w. Onion Rings
Choice of Fruit
Lettuce Stack & Tater Tots
MAYO-KETCHUP-MUSTARD

*Monday 5/23

Chicken Tenders w. Texas Toast
Choice of Fruit
Steamed Corn & Honey Baked Beans
Milk



Menu is subject to change based on availability
NOT AVAILABLE ON EARLY DISMISSAL DAYS

Thursday

Pulled Pork BBQ Baked Potato
Breaded Cheesesticks w. Marinara
Choice of Fruit
Garlic Breadstick
Honey Baked Beans & Broccoli Florets
Marinara Cup
RANCH DUNK CUP

Friday

Chicken Sandwich (Regular/Spicy)
Personal Pizza (Cheese or Pepperoni)
Choice of Fruit
Curly Fries & Baby Carrots
RANCH-MAYO-KETCHUP-MUSTARD

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