



Breakfast Menu — Stratford High School — School Year 2018 - 2019



Monday	Tuesday	Wednesday	Thursday	Friday
Turkey Sausage & Cheese Tornado OR Pancake Bites OR Strawberry PopTart OR Cinnamon PopTart OR Cereal* w/cinnamon bread CHOICE OF FRUIT CHOICE OF FRUIT JUICE 1% White Milk Nonfat Chocolate Milk <i>Extra: Syrup</i>	Mini Bagel OR Cinnamon Roll OR Sausage Breakfast Pizza OR Yogurt Parfait w/granola CHOICE OF FRUIT CHOICE OF FRUIT JUICE 1% White Milk Nonfat Chocolate Milk	French Toast Sticks Or Chicken & Beef Kolache OR Strawberry PopTart OR Cinnamon PopTart OR Cereal* w/cinnamon bread CHOICE OF FRUIT CHOICE OF FRUIT JUICE 1% White Milk Nonfat Chocolate Milk <i>Extra: Syrup</i>	Chicken Biscuit OR Bacon Egg & Cheese Taco OR Yogurt Parfait w/Granola CHOICE OF FRUIT CHOICE OF FRUIT JUICE 1% White Milk Nonfat Chocolate Milk	Breakfast Platter OR Chocolate Donut OR Powdered Donut OR Strawberry PopTart OR Cinnamon PopTart OR Cereal* OR w/cinnamon bread CHOICE OF FRUIT CHOICE OF FRUIT JUICE 1% White Milk Nonfat Chocolate Milk <i>Extra: Syrup</i>

Special Announcements

Breakfast Prices

Full Price \$0.75
Reduced Price \$0.30

Choice of Fruit Juice
Apple, Orange or Grape

Choice of Milk:
1% White Milk
Nonfat Chocolate Milk

8/16 School Year Begins - Students

9/3 Holiday
Students and Staff

10/8 Holiday only Students

11/19-11/23 Holiday
Students and Staff

12/24-12/31 Holiday
Students and Staff

*Cereal Options: Apple Jacks, Froot Loops, Trix, Fruity Cheerios, Cheerios, Frosted Mini Wheat, Honey Nut Cheerios, Golden Grahams, Cinnamon Toast Crunch, Raisin Bran

August 2018						
Su	Mo	Tu	We	Th	Fri	Sat
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September 2018						
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October 2018						
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November 2018						
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December 2018						
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Menu Subject to Change



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Turkey Sausage & Cheese Tornado OR Pancake Bites OR Strawberry PopTart OR Cinnamon PopTart OR Cereal* w/cinnamon bread CHOICE OF FRUIT CHOICE OF FRUIT JUICE 1% White Milk Nonfat Chocolate Milk <i>Extra: Syrup</i>	Mini Bagel OR Cinnamon Roll OR Sausage Breakfast Pizza OR Yogurt Parfait w/granola CHOICE OF FRUIT CHOICE OF FRUIT JUICE 1% White Milk Nonfat Chocolate Milk	French Toast Sticks Or Chicken & Beef Kolache OR Strawberry PopTart OR Cinnamon PopTart OR Cereal* w/cinnamon bread CHOICE OF FRUIT CHOICE OF FRUIT JUICE 1% White Milk Nonfat Chocolate Milk <i>Extra: Syrup</i>	Chicken Biscuit OR Bacon Egg & Cheese Taco OR Yogurt Parfait w/Granola CHOICE OF FRUIT CHOICE OF FRUIT JUICE 1% White Milk Nonfat Chocolate Milk	Breakfast Platter OR Chocolate Donut OR Powdered Donut OR Strawberry PopTart OR Cinnamon PopTart OR Cereal* OR w/cinnamon bread CHOICE OF FRUIT CHOICE OF FRUIT JUICE 1% White Milk Nonfat Chocolate Milk <i>Extra: Syrup</i>

Special Announcements

Breakfast Prices

Full Price \$0.75
Reduced Price \$0.30

Choice of Fruit Juice:
Apple, Orange or Grape

1/1 – 1/4 Holiday Students and Staff
 1/7 Holiday Students
 1/21 Holiday Students and Staff
 2/18 Holiday Students
 3/11 – 3/15 Holiday Students and Staff
 4/19 Holiday Students and Staff
 5/24 School Years Ends – Students

*Cereal Options: Apple Jacks, Froot Loops, Trix, Fruity Cheerios, Cheerios, Frosted Mini Wheat, Honey Nut Cheerios, Golden Grahams, Cinnamon Toast Crunch, Raisin Bran and Frosted Flakes

January 2019							February 2019							March 2019							April 2019							May 2019						
Sun	Mo	Tue	We	Thu	Fri	Sat	Sun	Mo	Tue	We	Thu	Fri	Sat	Sun	Mo	Tue	We	Thu	Fri	Sat	Sun	Mo	Tue	We	Thu	Fri	Sat	Sun	Mo	Tue	We	Thu	Fri	Sat
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Menu Subject to Change

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Stratford HS Lunch Menu - Main Lines- School Year 2018 - 2019



Lunch Prices: Full Price \$2.25 – Reduced Price \$0.40

8/16 First School Day 9/3 Holiday Student/Staff; 10/8 Student Holiday; 1/19–11/23 Holiday Student/Staff; 12/24–12/31 Holiday Students and Staff

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LINE 1 & 4 Week 1	Beef Nachos OR Mexican Pizza OR Potato w/garlic bread Spanish Rice Celery Sticks and Refried Beans Choice of Fruit 1% White Milk Nonfat Chocolate Milk	Chicken Fried Steak OR Oven Baked Chicken OR Potato w/garlic bread Roll Mashed Potatoes and Roasted Cali Blend Choice of Fruit 1% White Milk Nonfat Chocolate Milk	Lasagna OR Crisпитos OR Potato w/garlic bread Corn and Baby Carrots Choice of Fruit 1% White Milk Nonfat Chocolate Milk	Pepperoni Or Cheese Calzone OR Mandarin Chicken OR Potato w/garlic bread Garlic Breadstick Parmesan Broccoli and Steamed Carrots Choice of Fruit 1% White Milk Nonfat Chocolate Milk	Shredded Chicken Nacho OR Chicken Tenders OR Potato w/garlic bread Spanish Rice Cucumber Slices and Charro Beans Choice of Fruit 1% White Milk Nonfat Chocolate Milk
LINE 1 & 4 Week 2	Steak Fingers OR Corndog OR Potato w/garlic bread Texas Toast Baked Beans and Seasoned Fries Choice of Fruit 1% White Milk Nonfat Chocolate Milk	Mandarin Chicken OR Popcorn Chicken OR Potato w/garlic bread Fried Rice Steamed Carrots and Mashed Potatoes Choice of Fruit 1% White Milk Nonfat Chocolate Milk	Chicken & Waffles OR Mini Corndogs OR Potato w/garlic bread Parmesan Broccoli Tater Tots Baby Carrots Choice of Fruit 1% White Milk Nonfat Chocolate Milk	Chili Cheese Dog OR Frito Pie OR Potato w/garlic bread Cornbread Sweet Potato Waffle Fries and Corn Choice of Fruit 1% White Milk Nonfat Chocolate Milk	Fish Sticks w/Mac & Cheese OR Boneless Wings OR Potato w/garlic bread Celery Sticks Baby Carrots Roasted Vegetables Choice of Fruit 1% White Milk Nonfat Chocolate Milk

August 2018

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September 2018

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October 2018

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November 2018

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December 2018

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Stratford HS Lunch Menu - Main Lines- School Year 2018 - 2019



Lunch Prices: Full Price \$2.25 – Reduced Price \$0.40

1/1 – 1/4 Holiday Students and Staff; 1/7 Holiday Students; 1/21 Holiday Students and Staff; 2/18 Holiday Students only; 3/11 – 3/15 Holiday Students and Staff; 4/19 Holiday Students and Staff; 5/24 School Year Ends – Students

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LINE 1 Week 1	Beef Nachos OR Mexican Pizza OR Potato w/garlic bread Spanish Rice Celery Sticks and Refried Beans Choice of Fruit 1% White Milk Nonfat Chocolate Milk	Chicken Fried Steak OR Oven Baked Chicken OR Potato w/garlic bread Roll Mashed Potatoes and Roasted Cali Blend Choice of Fruit 1% White Milk Nonfat Chocolate Milk	Lasagna OR Crisпитos OR Potato w/garlic bread Corn and Baby Carrots Choice of Fruit 1% White Milk Nonfat Chocolate Milk	Pepperoni Or Cheese Calzone OR Mandarin Chicken OR Potato w/garlic bread Garlic Breadstick Parmesan Broccoli and Steamed Carrots Choice of Fruit 1% White Milk Nonfat Chocolate Milk	Shredded Chicken Nacho OR Chicken Tenders OR Potato w/garlic bread Spanish Rice Cucumber Slices and Charro Beans Choice of Fruit 1% White Milk Nonfat Chocolate Milk
LINE 2 Week 2	Steak Fingers OR Corndog OR Potato w/garlic bread Texas Toast Baked Beans and Curly Fries Choice of Fruit 1% White Milk Nonfat Chocolate Milk	Mandarin Chicken OR Popcorn Chicken OR Potato w/garlic bread Fried Rice Steamed Carrots and Mashed Potatoes Choice of Fruit 1% White Milk Nonfat Chocolate Milk	Chicken & Waffles OR Mini Corndogs OR Potato w/garlic bread Parmesan Broccoli Hashbrown Baby Carrots Choice of Fruit 1% White Milk Nonfat Chocolate Milk	Chili Cheese Dog OR Frito Pie OR Potato w/garlic bread Cornbread Sweet Potato Waffle Fries and Corn Choice of Fruit 1% White Milk Nonfat Chocolate Milk	Fish Sticks w/Mac & Cheese OR Boneless Wings OR Potato w/garlic bread Celery Sticks Baby Carrots Roasted Vegetables Choice of Fruit 1% White Milk Nonfat Chocolate Milk

January 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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February 2019

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March 2019

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April 2019

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May 2019

Sun	Mon	Tue	We	Thu	Fri	Sat
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September 2018

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October 2018

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November 2018

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Stratford HS Lunch Menu - Daily Options- School Year 2018 - 2019



Lunch Prices: Full Price \$2.25 – Reduced Price \$0.40

8/16 First School Day 9/3 Holiday Student/Staff; 10/8 Student Holiday; 1/19–11/23 Holiday Student/Staff; 12/24–12/31 Holiday Students and Staff

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DELI EXPRESS Line Offered Every Week	Cheese Or Pepperoni Pizza OR Bosco Stick Refried Beans Celery Sticks Baked Beans Broccoli Florets Choice of Fruit 1% White Milk OR Nonfat Chocolate Milk	Hamburger or Cheeseburger Or Black Bean Burger OR Chicken Sandwich Or Spicy Chicken Sandwich Tomato & Lettuce Salad Steamed Carrots Roasted Vegetables Choice of Fruit 1% White Milk OR Nonfat Chocolate Milk	Cheese Or Pepperoni Pizza OR Bosco Stick Steamed Corn Baby Carrots Tater Tots Choice of Fruit 1% White Milk OR Nonfat Chocolate Milk	Hamburger or Cheeseburger Or Black Bean Burger OR Chicken Sandwich Or Spicy Chicken Sandwich Parmesan Broccoli Lettuce & Tomato Salad Sweet Potato Waffle Fries Choice of Fruit 1% White Milk OR Nonfat Chocolate Milk	Cheese Or Pepperoni Pizza OR Bosco Stick Charro Beans Cucumber Slices Roasted Vegetables Choice of Fruit 1% White Milk OR Nonfat Chocolate Milk
COLD EXPRESS Line Offered Every Week	Chicken Patty Salad w/pretzels OR Garden Salad OR Yogurt Parfait w/Granola OR Turkey Sub Or Ham Sub Broccoli Florets Lettuce & Tomato Salad Choice of Fruit 1% White Milk OR Nonfat Chocolate Milk	Popcorn Chicken Salad w/pretzels OR Garden Salad OR Yogurt Parfait w/Granola OR Turkey Sub Or Ham Sub Black Bean & Corn Salad Lettuce & Tomato Salad Choice of Fruit 1% White Milk OR Nonfat Chocolate Milk	Chicken Patty Salad w/pretzels OR Garden Salad OR Yogurt Parfait w/Granola OR Turkey Sub Or Ham Sub Jicama Sticks Lettuce & Tomato Salad Choice of Fruit 1% White Milk OR Nonfat Chocolate Milk	Popcorn Chicken Salad w/pretzels OR Garden Salad OR Yogurt Parfait w/Granola OR Turkey Sub Or Ham Sub Black Bean & Corn Salad Lettuce & Tomato Salad Choice of Fruit 1% White Milk OR Nonfat Chocolate Milk	Chicken Patty Salad w/pretzels OR Garden Salad OR Yogurt Parfait w/Granola OR Turkey Sub Or Ham Sub Cucumber Slices Lettuce & Tomato Salad Choice of Fruit 1% White Milk OR Nonfat Chocolate Milk
WRAP EXPRESS Line Offered Every Week	Chicken & Cheese Wrap Broccoli Florets and Lettuce & Tomato Salad Choice of Fruit 1% White Milk OR Nonfat Chocolate Milk	Chicken & Cheese Wrap Black Bean Salad and Lettuce & Tomato Salad Choice of Fruit 1% White Milk OR Nonfat Chocolate Milk	Chicken & Cheese Wrap Jicama Sticks and Lettuce & Tomato Salad Choice of Fruit 1% White Milk OR Nonfat Chocolate Milk	Chicken & Cheese Wrap Black Bean Salad and Lettuce & Tomato Salad Choice of Fruit 1% White Milk OR Nonfat Chocolate Milk	Chicken & Cheese Wrap Cucumber Slices and Lettuce & Tomato Salad Choice of Fruit 1% White Milk OR Nonfat Chocolate Milk

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March 2019

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Stratford HS Lunch Menu - Daily Options- School Year 2018 - 2019



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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DELI EXPRESS Line Offered Every Week	Cheese Or Pepperoni Pizza Spicy or Reg Chicken Sandwich Black Bean Burger Potato w. Garlic Breadstick Corndog Celery sticks or Baby Carrots with Ranch and Seasoned Fries Choice of Fruit 1% White Milk OR Nonfat Chocolate Milk	Cheese Or Pepperoni Pizza Hamburger or Cheeseburger Black Bean Burger Potato w. Garlic Breadstick Corn & Black Bean Salad Curly Fries Tomato & Lettuce Side Salad Corn & Black Bean Salad Curly Fries Choice of Fruit 1% White Milk OR Nonfat Chocolate Milk	Cheese Or Pepperoni Pizza Bosco Stick w. Marinara Spicy or Reg Chicken Sandwich Potato w. Garlic Breadstick Black Bean Burger Broccoli w/ranch and Baby Carrots Choice of Fruit 1% White Milk OR Nonfat Chocolate Milk	Cheese Or Pepperoni Pizza Hamburger or Cheeseburger Black Bean Burger Potato w. Garlic Breadstick Sweet Potato Fires Tomato & Lettuce Side Salad Corn & Black Bean Salad Choice of Fruit 1% White Milk OR Nonfat Chocolate Milk	Cheese Or Pepperoni Pizza Ranchero Tornado w. Salsa Spicy or Reg Chicken Sandwich Potato w. Garlic Breadstick Black Bean Burger Celery Sticks w. Ranch Jicama & Tajin Choice of Fruit 1% White Milk OR Nonfat Chocolate Milk
COLD EXPRESS Line Offered Every Week	Chicken Patty Salad with pretzels Garden Salad Yogurt Parfait with Granola Celery sticks or Baby Carrots with Ranch Choice of Fruit 1% White Milk OR Nonfat Chocolate Milk	Popcorn Chicken Salad with pretzels Garden Salad Turkey or Ham sub with Chips Tomato & Lettuce Side Salad Corn & Black Bean Salad Choice of Fruit 1% White Milk OR	Crispy Chicken Salad with pretzels Garden Salad Yogurt Parfait with Granola Chicken & Cheese Wrap Broccoli w/ranch and Baby Carrots Choice of Fruit 1% White Milk OR Nonfat Chocolate Milk	Popcorn Chicken Salad with pretzels Garden Salad Turkey or Ham sub with Chips Sweet Potato Fires Tomato & Lettuce Side Salad Corn & Black Bean Salad Choice of Fruit 1% White Milk OR Nonfat Chocolate Milk	Crispy Chicken Salad with pretzels Garden Salad Yogurt Parfait with Granola Chicken & Cheese Wrap Celery Sticks w. Ranch Jicama & Tajin Choice of Fruit 1% White Milk OR Nonfat Chocolate Milk
WRAP EXPRESS Line Offered Every Week	Chicken & Cheese Wrap Broccoli Florets and Lettuce & Tomato Salad Choice of Fruit 1% White Milk OR Nonfat Chocolate Milk	Chicken & Cheese Wrap Black Bean Salad and Lettuce & Tomato Salad Choice of Fruit 1% White Milk OR Nonfat Chocolate Milk	Chicken & Cheese Wrap Jicama Sticks and Lettuce & Tomato Salad Choice of Fruit 1% White Milk OR Nonfat Chocolate Milk	Chicken & Cheese Wrap Black Bean Salad and Lettuce & Tomato Salad Choice of Fruit 1% White Milk OR Nonfat Chocolate Milk	Chicken & Cheese Wrap Cucumber Slices and Lettuce & Tomato Salad Choice of Fruit 1% White Milk OR Nonfat Chocolate Milk

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