## PK ECC MENU

## AUG 15th & 16th

Meals	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST				Eggo Mini Pancakes	Poptarts
				Apple, Grape or Orange Juice White Milk (1%, Nonfat, Whole)	Apple, Grape or Orange Juice White Milk (1%, Nonfat, Whole)
LUNCH				Cheese or Pepperoni Pizza	Macaroni & Cheese Entree
				Sliced Peaches	Orange
				Steamed Broccoli	Peas & Carrots
				White Milk ( 1% or whole)	White Milk ( 1% or whole)

## AUG 19th-23rd

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Meals	Monday	Tuesday	Wednesday	Thursday	Friday				
BREAKFAST	Mini Cinnamon Bagel	French Toast Sticks	Cinnamon Toast Crunch	Whole Grain Honey Wheat Bar	Yogurt with Graham Crackers				
	Apple, Grape or Orange Juice White Milk (1%, Nonfat, Whole)								
LUNCH	Chicken Rings (5 ea)	Fish Nuggets (5 ea)	Hamburger or Cheeseburger	Cheese or Pepperoni Pizza	Grilled Cheese				
	Apple Slices	Mandarin Oranges	Diced Pears	Peach Cup	Pineapple Tidbits				
	Baked Beans	Potato Smiles	Steamed Carrots	Steamed Green Beans	Parmesan Broccoli				
	White Milk ( 1% or whole)								