

SBEC / WAIS

BREAKFAST

Choice of Milk
1% White
FF Chocolate Milk

Monday

Pancake, Chicken Sausage & Eggs Platter
Assorted Cereal
100% Fruit Juice
Choice of Fruit
SYRUP DUNK CUP

Tuesday

French Toast Sctiks w. Chicken Sausage
Poptarts (Strawberry or Cinnamon)
100% Fruit Juice
Choice of Fruit
SYRUP DUNK CUP

Wednesday

Waffle, Chicken Sausage & Tater Tots
Assorted Cereal
100% Fruit Juice
Choice of Fruit
SYRUP DUNK CUP

Thursday

Glazed Donut w. chicken sausage Patty
Breakfast Parfait w. granola
100% Fruit Juice
Choice of Fruit

Friday

Beef & Cheese Kolache
Assorted Cereal
100% Fruit Juice
Choice of Fruit

CONDIMENT: PICANTE SAUCE

Menu is subject to change based on availability

Choice of Milk

1% White

FF Chocolate Milk

4

Beef Nachos
w. Queso & Rice
Chicken Sandwich
(regular/spicy)
Yogurt Parfait
w. granola
Choice of Fruit
Charro Beans
& Steamed Corn

5

Chicken Alfredo Pasta
w. breadstick
Bosco Sticks
Choice of Fruit
Sweet Potato Fries &
Peas & Carrots
& Slush

6

Chicken Tenders
& Waffle
Chicken Corndog
Baked Potato
Choice of Fruit
Steamed Carrots
& Tater Tots

7

Baked Chicken w. Roll
Chicken Sandwich
(regular/spicy)
Crispy Chicken Salad
Choice of Fruit
Cheesy Broccoli & Lettuce
Stack & Mashed Potatoes

8

Chicken Boneless
Wings
Sliced Pizza
(pepperoni/cheese)
Choice of Fruit
Marinara sauce
Celery Sticks w. ranch
& Curly Fries

11

Chicken Nachos
w. Queso & Rice
Chicken Sandwich
(regular/spicy)
Yogurt Parfait
w. granola
Choice of Fruit
Charro Beans
& Steamed Corn

12

Beef Lasagna
w. breadstick
Bosco Sticks
Choice of Fruit
Baby Carrots
& Cheesy Broccoli

13

Breaded Mozzarella
Sticks
Chicken Corndog
Baked Potato
Choice of Fruit
Waffle Fries
& Green Beans

14

Tangerine Chicken
w. Fried Rice
Chicken Sandwich
(regular/spicy)
Crispy Chicken Salad
Choice of Fruit
Edamame Blend
& Vegetable Egg Roll
& Slush

15

HOLIDAY

18

HOLIDAY

19

Chicken Alfredo Pasta
w. breadstick
Bosco Sticks
Choice of Fruit
Sweet Potato Fries &
Peas & Carrots
& Slush

20

Chicken Tenders
& Waffle
Chicken Corndog
Baked Potato
Choice of Fruit
Steamed Carrots
& Tater Tots

21

Baked Chicken w. Roll
Chicken Sandwich
(regular/spicy)
Crispy Chicken Salad
Choice of Fruit
Cheesy Broccoli & Lettuce
Stack & Mashed Potatoes

22

Chicken Boneless
Wings
Sliced Pizza
(pepperoni/cheese)
Choice of Fruit
Carrots & Celery
& Curly Fries

25

Chicken Nachos
w. Queso & Rice
Chicken Sandwich
(regular/spicy)
Yogurt Parfait
w. granola
Choice of Fruit
Charro Beans
& Steamed Corn

26

Beef Lasagna
w. breadstick
Bosco Sticks
Choice of Fruit
Baby Carrots
& Cheesy Broccoli

27

Breaded Mozzarella
Sticks
Chicken Corndog
Baked Potato
Choice of Fruit
Waffle Fries
& Green Beans

28

Tangerine Chicken
w. Fried Rice
Chicken Sandwich
(regular/spicy)
Crispy Chicken Salad
Choice of Fruit
Edamame Blend
& Vegetable Egg Roll
& Slush

29

Chicken Boneless
Wings
Sliced Pizza
(pepperoni/cheese)
Choice of Fruit
Carrots & Celery
& Curly Fries