

Spring Branch ISD



Health Fitness

HEALTH FITNESS NEWSLETTER

May 2022

MARK YOUR CALENDAR

5/29-6/1-HF Professional Development- NHS

7/10-7/12-TAPHERD Summer Conference

May Birthdays:

5/3 Ron Knowles

5/7 Annie King

5/7 Cat Janda

5/11 Ana Turner

5/18 Karre' Wallace

5/22 Jesus Macias

5/25 Jessica Kelly

5/31 Scott Harrell

Summer Birthdays

6/3-Misty Germer-Hatton

6/8-Vicki Bevan

6/12-Eddie Kelly

6/13-Angela Sharp

6/20-Chris Cantu

6/24-Art Nevarez

6/28-Anne Daily

6/30-Brian Keefe

7/6-Robert Arnold

7/10-Steven Turner

7/16-Richard Ruez

7/18-Rogerik Tubbs

7/20-Marilyn Simmons

7/20-Norma Payne

7/22-Katherine Pearce

7/22-Rashida Aikens

7/24-Darren Pangle

Wishing you all a safe and enjoyable summer! Thank you for a great school year. We know it was rough getting back into the groove of things after hard hit pandemic, but you all got through it as we knew you could!



Congratulations to all the 4th graders who competed at the First Tee Golf Champion Challenge, and to Beckett from NHE on winning 1st place overall champion for the blue course!



6th Grade Track Meet

Thank you to all of you who participated and volunteered. The students and parents really enjoyed themselves, which made it all a great success. ♥

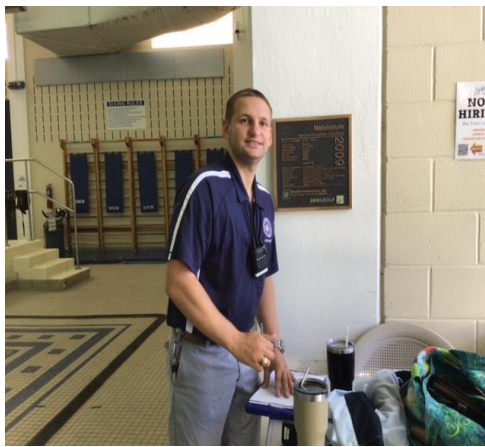


Lawrenz Fitness Extravaganza

Thank you to everyone who helped with 1st-4th grade Lawrenz Fitness Extravaganza! The kids had a blast! They had an opportunity to learn basketball, football, tennis, volleyball, swimming, lacrosse, and much more!







Advanced Movers

Introduce your students to their feeder pattern high school games for free! Choose one or more games to attend. Athletics will provide transportation to and from the games. Email Pamela Thompson with your choice and date(s) that you will attend. She will provide more information needed to attend each game.

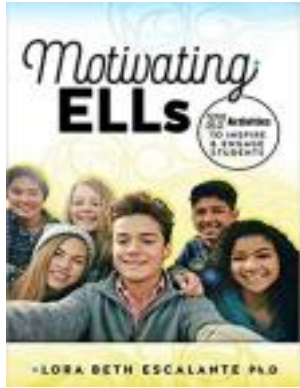
Frostwood Elementary Cheering on MHS Girls Softball Team



Shadow Oaks Cheering on NHS Girls Softball Team



6th Grade Cross Country



This strategy allows students to use pictures from various media to communicate information about their chosen images using academic language.

The strategy being showcased this month comes from the book "*Motivating ELLs*" (see image to the left)

Materials: Personal Pictures Magazines, Paper, Pencil.

Directions:

1. In whole group, the teacher will review the meaning of the words that will be used for this activity. Use choral response to provide students with the opportunity to practice verbalizing the words.
2. Allow students the opportunity to look through their own personal photos or browse through magazines for pictures that represent words from the word bank.
3. Explain to students that they will be picking a picture that demonstrates the meaning of one of the words listed on the word bank.
4. Once students have chosen the picture, they will share and describe their picture, in whole group, using the following sentence stems.

For more information, click the link: <https://bit.ly/ELStrategiesPE07>

What's Going On?



KIDS HEART CHALLENGE

Did I ask you to get SLIMED, COLOR BLASTED or get MESSY to help raise donations for life saving funds?

Well this is your chance to get some sweet revenge on my boss and I !!! Any school signed up by May 20th will get their opportunity to SLIME Ashley & Samantha at the May 31st training. You got want to miss this plus we will have tons of giveaways.

During our session you will get a sneak peek at next years theme and learn heart pumping activities to do during your Kids Heart Challenge week/celebration! We will end with our SLIME Celebration!

To secure your cup of SLIME please register for Kids Heart Challenge 2022-2023 by emailing Ashley at ashley.r.avalos@heart.org or text 210.241.5894!



Summer Destination Approaching

We have our last two elementary schools wrapping up KHC for the year. We are excited to share results and celebrate all your hard work!



Swim News

Looking to take your kids to swim?

Contact Eva Mueller at Dad's Club to schedule

Eva.mueller@dadsclubaquatics.com

Unfortunately YMCA will not have swimming this spring.